



RELEASE FOR INDIVIDUAL PARTICIPATING IN BEPC EVENTS

I, \_\_\_\_\_, for being allowed to participate in Ballard Elks Paddling Club events hosted by the Ballard Elks and the BEPC, agree to indemnify and hold harmless the Ballard Elks Lodge #827 and the Ballard Elks Paddling Club, its officers, employees and members from any and all claims or injury to myself arising from my participation in this event.

If the participant is a minor, a parent or guardian must sign the waiver, thereby providing permission for said minor to participate in the named event.

When participating in a Social Paddle hosted by the BEPC, I certify the following:

- If participant is a minor/beginner, a parent or experienced paddler will join them**
  - I have experience paddleboarding/kayaking**
  - I can safely remount my paddleboard/kayak**
  - I have a leash attached to the SUP at all times**
  - I carry my phone in a protected bag, and/or a whistle**
  - I will wear a Coast Guard approved PFD at all times**
  - I will wear appropriate clothing (no cotton) and carry extra for emergencies**
  - I have appropriate footwear onboard**
  - I acknowledge this is not a class, but only a meetup to paddle along with others**
- If any of the statements above are not true I will take full responsibility for my own safety while with the BEPC paddling group.**  
**This box needs to be checked to be considered part of the group.**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Emergency Contact & Phone Number